

YOU DON'T KNOW THE HALF OF IT

GENDER MEDICINE

*The Groundbreaking New Science
of Sex-Related Diagnosis and Treatment*



OVERLOOK DUCKWORTH

MAREK GLEZERMAN, M.D.

Advance Praise for *Gender Medicine*

“There is, and always has been, a difference between men and women. Despite the fact that in our modern western society women adapt more and more to the attributes of men, the female body works differently. Marek Glezerman explains in an entertaining way the differences between male and female and its impact on the development, diagnostic and therapy of disease.”

—Professor D. Wallwiener, President, The German Society of Obstetrics and Gynecology, Chairman, Dept. of Women’s Health, University of Tübingen

“*Gender Medicine* underlines that gender medicine is not a corner or a niche for aficionados, but a mandatory revolution that has transcended all medical specialties. Marek Glezerman has written a comprehensive and absolutely unique book with a holistic view on human life from the angle of gender- and sex-specific medicine. It is not only most attractive for laypersons, but also very important for teaching students due to the discussion of a vast spectrum of gender differences in many areas of human health and disease, including the doctor-patient relationship.”

—Giovanna Baggio, M.D., President, The Italian Society of Gender Medicine
Professor of Gender Medicine, Chief, Internal Medicine Unit, University of Padova, Italy

“Professor Glezerman’s overview of gender medicine is a breakthrough in understanding the way we should practice modern medicine. A must-have for any health professional and an eye-opener for every inquisitive reader.”

—Eyrán Halpern, M.D., Chairman, the Israel Association of Hospital Directors,
CEO, Rabin Medical Center, Israel

“Although not a traditional scientific composition, this fascinating, transformational book is a must-have for every physician, biomedical researcher, and medical student. *Gender Medicine* is at the core of the precision medicine concept that is changing the face of the medical field. Glezerman’s comprehensive, multifaceted, and engaging approach to gender differences makes the case for the obvious, yet still neglected truth, that as much as a child is not a small adult, a woman is not just a version of a man.”

—Professor Rivka Carmi, M.D., President of Ben-Gurion University of the Negev, former Dean at the Medical School of Ben-Gurion University

“*Gender Medicine* will lead to more involvement and dissemination among the general population and by stakeholders and decision makers.”

—Karen Schenck-Gustafsson M.D., PhD, FESC, Professor of Cardiology, Founder and Chair, Centre for Gender Medicine, Karolinska Institute, Stockholm

“A pioneering, innovative book beautifully written by one of the foremost researchers on gender medicine. *Gender Medicine* is full of insights clarifying our past and projecting on our future. It posits the liberal principle of gender equality on its true basis: women are entitled to the medical treatment befitting their special traits as women. The vision portrayed in the book is compatible with the current shift towards personal based medicine whereby medical treatment should be predicated not on group statistics (the group being usually comprised of men only), but on the individual genetic traits of the patient, with gender being a major component. Undoubtedly this excellent book will be a torch of change towards gender medicine to which medical care should aspire.”

—Professor Nili Cohen, President of Israel Academy of Sciences and Humanities, Professor of Law, former Rector of Tel Aviv University

“*Gender Medicine* comes at the right time. It is written in a clear and didactic manner, it provides the reader with a general overview, while offering ample reference material to dig deeper into specific areas of sex- and gender-specific medicine. I enjoyed reading the book and the sheer wealth of the information it contains.”

—Professor E. Shalev, Dean, Rappaport Faculty of Medicine, Technion-Israel Institute of Technology, Chairman, Israel Ministry of Health—National Council of Obstetrics, Gynecology, Neonatology and Genetics

It is only recently, that people have started focusing squarely on gender medicine. This book written by Prof. Marek Glezerman, who is currently the president of the International Society of Gender Medicine, explains the whole aspects of gender medicine to the public in a way that is easy to understand and is highly recommend for those who are interested in this important emerging scientific area.

Prof. Hiroaki Shimokawa, MD, PhD

President, Japanese Association for Gender-Specific Medicine

Professor and Chairman, Dept. of Cardiovascular Medicine, Tohoku University , Japan

This carefully thought out and clearly written treatment of the new science of gender-specific medicine is a must read for practicing physicians and their patients. Doctor Glezerman is one of the leaders in the field; he will certainly capture the public imagination with this beautifully written book.

Marianne J. Legato, M.D., Ph.D. (hon. c.), F.A.C.P.

Emerita Professor of Clinical Medicine, Columbia University

Adjunct Professor of Medicine, Johns Hopkins

Founder of the Foundation for Gender Medicine, New York, NY, USA

Dr. Glezerman provides an engaging and insightful look into the emerging field of gender medicine. He combines historical perspectives, current data, personal experience, and provocative ethical considerations that will inform and challenge our current concepts of medicine. An informative read for the general audience, health care providers, and students.

Virginia M. Miller, Ph.D. Professor, Surgery and Physiology. Director, Women's Health Research Center, Mayo Clinic